

WHERE CREATIVITY

Create U!

— IMAGINATION AND ADVENTURE LIVE



PARENT HANDBOOK

Country Heritage Park

Conestoga Building

8560 Tremain Road, Milton ON L9T 2X3

www.createucamps.com

905-462-5211

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WELCOME TO YOUR SUMMER!

Welcome to Createu Camps! We are Halton's Premier farm adventure camp, now celebrating our 9th season! Our camp offers a unique day camp experience that blends nature with creativity, exploration, and adventure at the beautiful Country Heritage Park in Milton! Children ages 4 and up are invited to explore a large variety of activities and programs each week for a well-rounded and memorable summer camp experience!

We are a small camp, on purpose. This allows plenty of space to run and play and for our team to get to know the campers and families on a personal level.

Our small camper-to-staff ratio lends to a sense of community and belonging where every camper feels like they're part of our "family"!

The Directors

Our directors Emma and Christina are available to take your calls during the camp season from 7:30am to 5:30pm daily.

Emails and texts are often the best way to reach us!

Contact Info

905-462-5211

info@createucamps.com

SUMMER CAMP ADDRESS

Country Heritage Park

8560 Tremaine Road

Milton ON

L9T 2X3

Our Mission and Philosophy



CreateU Camp's mission is to provide children with a well-rounded, traditional outdoor summer camp experience in a beautiful and friendly setting. With small groups and lots of space to run and explore, CreateU offers that "small town" feel, where our team knows your name and makes sure each child is engaged and happy! With varied activities, from archery to arts, rock climbing to stem workshops, campers are sure to have an unforgettable summer camp experience.

The best time at camp we've ever had! My boys talk about it all year. Emma and her staff were absolutely amazing and went out of their way to ensure my boys (and me!) had the very best first camp experience. I simply can't recommend them enough!

-Joe & Cheryl K.

GENERAL INFORMATION FOR PARENTS

Week 1	July 7th-11th	Week 6	Aug 11th-15th
Week 2	July 14th-18th	Week 7	Aug 18th-22nd
Week 3	July 21st-25th	Week 8	CLOSED
Week 4	July 28th-Aug 1st		
Week 5	CLOSED		



Communication

We will be communicating important information with families via email for the duration of the camp. You will get updates throughout the week about events, what to bring, inclement weather procedures, special guests and more! Please ensure you have our email in your contacts to ensure all communications goes to your primary inbox!



Absences

Please make sure to call or text the camp director if your child is going to miss one or more days of camp (905-462-5211). If you know in advance that your child will be absent for a specific day, please email the camp: info@createucamps.com. Please note there are no refunds for missed days.



Sunscreen & Bugspray

Please ensure that your child WEARS SUNSCREEN EVERY MORNING before coming to camp. We will be spending a significant amount of time throughout the day outdoors (weather permitting), and we do not want your child to suffer from sunburn. Please send a bottle of sunscreen each day with your child, and ensure that they are able to apply it to themselves. Our leaders will help apply sunscreen for the younger campers in the afternoon and as needed. If you do not send sunscreen with your child, we will apply the sunscreen available at camp which is a mineral-based sunscreen. It is recommended that sunscreen contain broad-spectrum UVA/UVB protection of at least 30. Please make sure this bottle is labelled and contains no coconut and/or nut oils.

If you are concerned about mosquito bites, please apply bug spray before your child comes to camp. Please send a labelled bottle with your child to camp each day. If the camp director feels that additional bug spray is necessary in order for your child to have a safe and fun experience outdoors during the camp day, we will re-apply if campers are unable to apply independently.

A note about ticks: We are very fortunate at CHP to have not YET found any ticks on ourselves nor have families reported to us that they found any! We cannot thoroughly check all the children so please do so in the evening as you would after any day spent outdoors .



Weather Considerations

We want our campers to have an awesome experience, rain or shine! In the case of severe rain or inclement weather, the camp will continue with alternate indoor program activities in our covered and indoor locations. In the case of extreme heat, we will take frequent rests and water breaks. We also utilize misters outside during hot days while the children are active

In wet weather (such as drizzle) where, it is safe for campers to be outside, we will be outside! Please dress accordingly and send an extra set of dry clothes!



Camper Independence

Our team is always available to help campers where needed, and we strive to ensure every child is given the attention and care that they deserve. We ask that all campers be able to independently use the washroom facilities, and change in and out of clothing for waterplay. We cannot assist with toileting or changing. We appreciate your cooperation and support with this.



Photo Release and Privacy

We understand how much you love seeing photos of your kids! We try to get as many photos as we can and we will send you a link to a password protected gallery at the end of each week. If you have indicated NO to photo release we will not include any photos of your children on our social media feed but will include them in the private gallery.

WHAT TO PACK

- COMFORTABLE CLOTHING (shorts, t-shirts, loose-fitting clothing that are comfortable and easy to move in) that can get dirty!
- Please send a full set of extra clothing with your child each day. It is highly likely that your child will get dirty, wet and/or messy and may need to change.
- RUNNING SHOES AND SOCKS ARE A MUST at CreateU! Running shoes with velcro straps are recommended for younger campers. Crocs can be worn in sport mode- but not ideal!
- No ROLLER SHOES, please.
- Every camper should wear a sun hat every day. We are outside the majority of the day, and it is crucial to protect your child's scalp, ears and face. Please make sure it is labelled.
- On cool days, we encourage layers!
- Plastic bags for wet clothing or clothing that needs to be changed over the course of the day.
- Sunscreen and bugspray labelled with your child's name.
- A healthy nut-free lunch in an insulated bag or with an ice pack filled with food that will keep your child full and nourished (we do not have a refrigerator!). We recommend extra snacks!
- A labelled thermos water bottle.
- a swimsuit for water play

WHAT NOT TO BRING

- Electronic devices (we have a “no personal electronic items” policy for our campers and staff) If you need to get in touch with your child the camp phone is the best way to reach us via phone call or text!
- Gum or hard candies that pose a choking hazard
- Keepsakes from home (we’d hate for them to get lost!)
- Food containing nuts or nut products
- Expensive clothing (we get messy and dirty!)

Lost and Found

Although we try our best to keep camper's items with them all day, water bottles, hats, and clothes can be left behind as we transition to activities across the farm. You can help have your child(s) items returned to you by labelling EVERYTHING they bring to camp with them. We will have a lost and found bin on site. If your child is missing an item, please inform a director or your camp counsellor upon drop off or pick up, and we will do our best to locate it.



SCHEDULES & ACTIVITIES

CreateU Camps offers a mixed day camp experience. Here is a snap shot of daily schedule and our weekly programming! Please note the blocks of time may be longer for the older age groups and split up for younger groups. Please note we reserve the right to switch activity times/days depending on weather or other circumstances. The activity list is not exhaustive but will give you an idea of a typical weekly plan. We provide many iterations of our activities so that children who attend more than one week get lots of variation!

TIME SLOT	PROGRAMMING
7:30-8:30am	BEFORE CARE PROGRAM
8:30-8:45am	DROP OFF/ARRIVAL
8:45-10:00	GAMES/ICE BREAKERS/SPORTS
10:00-10:30	WASHROOM/SNACK TIME/WATER REFILLS
10:30-12:00	DAILY PROGRAMMING
12:00-1:00	WASH UP/LUNCH/SUNSCREEN/BUG SPRAY RE-APP
1:00-2:30	SPECIALTY PROGRAMMING/GUESTS
2:30-:245	WASHROOM/WATER REFILLS/SNACK
2:45-3:25	PM PROGRAMMING/GAMES
3:15-3:30pm	PICK UP TIME
3:30-5:30	PM EXTENDED CARE PROGRAM



Create U!

Week at a Glance



Monday

Hands on Science Workshops with "Scientists in the Classroom"

Tuesday

Rock Climbing on a 23' wall with the Guelph Grotto

Wednesday

Minute to Win It tournaments + a farm wide scavenger hunt

Thursday

Archery Lessons + Field Frenzy (outdoor games/adventures)

Friday

Pizza Day, PJ Day, Minute to Win it





Drop off/Pick up Procedure

Drop off and pick up at the farm is a kiss and ride system. In order to ensure the safety of all campers, the animals and to protect the natural elements of the farm, we ask that, if you can, avoid parking (space is very limited!) and utilize our convenient system, we would be very appreciative.

Drop off starts promptly at 8:30am and runs until 8:45am. Please do not arrive earlier, as we will not be available to greet the children until 8:30 am. Pick up starts at 3:15pm and runs until 3:30pm. We will assist your child to/from your vehicle. Please do not get out to collect your child! We appreciate your promptness in picking up your children no later than 3:30pm. Accounts will be charged \$5 for each additional 15 minutes that campers are on site after 3:35 pm. We sincerely appreciate your understanding and support of this policy as we try to respect our team's evening family and work commitments.

When entering Country Heritage Park, please ensure you are using the south entrance and keep your speed to 10 km/hr. Please follow the directions of the signage which will direct the circular flow of traffic. Avoid driving and/or parking on the grass. Please note we will only release your child to those on our authorized pick up list (per registration). If you wish to add anyone else please let us know by email at info@createucamps.com.

Extended Care Program

Our extended program runs from 3:30pm to 5:30pm. Campers will enjoy a healthy snack, games, or be given the opportunity to complete any unfinished arts or crafts. Please note there is a charge of \$5 for every 10 mins after 5:30pm, that a camper is not picked up. When picking up in the evening, kindly park and text us at 905-462-5211 and we will let you know where we are on the farm and if possible will bring your child to you:)

Camper Health Information

If illness occurs while at camp

Any camper who does not feel well will be given the opportunity to rest in a shaded or air conditioned area. If the camper begins to feel better after a short time, we will not notify the parent. If a child has a fever, vomiting, diarrhea, lice, or any other symptoms of concern, we will contact the parents and expect the child to be picked up as soon as possible. Please do not send your child to camp if you suspect he/she is not feeling well.

EpiPens and Inhalers

We require that each child have an EpiPen at camp in an EpiPen pouch carried by the camper. Each camper with an EpiPen must have a signed consent for the administration of EpiPen and an emergency allergy alert photo I.D. form on file. Campers are also required to carry inhalers with them on a daily basis.

Medications

All medications should be in a container with the child's full name, dosage, and time to be given. Please send enough medication for use at camp only. All medication must be given to the camp director upon arrival. Please note we have no access to a refrigerator. Medication will only be administered if the parent has signed the administration of medication and medical waiver form.

Allergies

A number of campers have Life Threatening Allergies to food such as nuts. ABSOLUTELY NO NUT PRODUCTS OF ANY KIND ARE TO BE SENT TO CAMP WITH YOUR CHILD. Please respect this effort to provide safety for all of the children at camp.

CAMPER CODE OF CONDUCT

We understand that children are individuals with their own personalities and needs. We are committed to making every effort to meet the needs of all of the children who attend CreateU Camps. We offer a positive approach to working with all kids. Our leaders will make every attempt to connect with your child; learn about their strengths; and offer developmentally appropriate, engaging program options with clear expectations and boundaries. In this way, our goal is to pre-empt any behavioural issues by making expectations clear and ensuring the child's needs are met. Your child is responsible for acting in a safe manner and demonstrating respectful behaviour at all times while at camp. No physical violence or behaviours that are harmful to other campers or staff will be tolerated. Rude, disrespectful or continually disruptive behaviour will not be tolerated. Every effort will be made at the start of each week to ensure campers get to know each other and that rules and boundaries are expressed clearly, as well as consequences for rules broken.

CreateU! Camps offer a group experience and opportunities for growth and learning within the boundaries of safety, respect, common sense, and the law. Campers are expected to act in a safe and respectful manner towards themselves, other campers, and staff members at all times.

We reserve the right to terminate the participation of any camper, at any time during any of the camp sessions, without refund or a formal hearing, who we believe has violated the conditions for participation or is negatively impacting the group or the program as a whole.

PROGRESSIVE DISCIPLINE PROTOCOL

First incident	verbal warning plus an incident report
Second incident	referred to director with written note home
Third incident	termination of participation with no refund

2025 Cancellation and Refund Policy

June 1st onwards

- Any cancellation requests received from June 1st will result in a credit for 2026 camps if a 2025 program transfer cannot be accommodated
- Please note we will hold back a \$15 processing fee from this 2025 credit

Program Transfers

- Transfers from one camp session to another, can be made only by written request to: info@createucamps.com and are always subject to availability.

Overdue Payments

- Campers will be refused admission to any CreateU program if the session fee has not been paid in full.

Happy Camper Guarantee

Camp should be a positive experience for all children! We have such confidence in our staff and programming that we offer our HAPPY CAMPER GUARANTEE. If your child has not acclimated and is not completely happy after three days we will refund the remaining two days! (less a \$15 admin fee)

**WE LOOK FORWARD
TO AN AMAZING
2025
SUMMER SEASON!**